



November 2024 Newsletter



Clearinghouse- CDL Downgrade

As of November 18, 2024, if you have a positive drug/alcohol result or refuse to take a test, your CDL will automatically be downgraded to a class D license. If you complete the SAP program afterwards, your license will remain a class A.



Although your license will remain active, the result will stay on your clearinghouse report for 3 years and any future employers or prospects will see it.

The Clearinghouse was implemented to remove drivers who are abusing substances and provide a central location to record all of the information. Previously, carriers relied on drivers to submit an honest application with all employers listed. Frequently, drivers would leave off an employer that they did not want verified.

Since the Clearinghouse was put into place in 2020, over 238,000 positive results have been entered.

As a federal regulation, carriers are required to run the clearinghouse report annually to ensure the driver is still compliant and their status has not changed.

If a driver on the fleet were to test positive for a test here or somewhere else, we would get a notification from the Clearinghouse portal that their status has changed. This allows us the most amount of time to remove him/her from a safety related position.

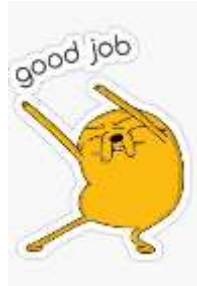
To summarize all of this, do not do drugs or report to work under the influence and you will not have to worry about anything!



Spotlight Driver- Stephen Doyle

Stephen has been a local driver for General Transport since June 2021 on and off. He has flirted with retirement but has landed on the sweet spot of part time with seasonal breaks.

When he isn't behind the wheel, you can find him enjoying spending time with his family. If the season is right, he will be at the state fairs! We are proud to have you as part of the GT Family!



How to be Thankful

• **Practice gratitude daily:**

You can try saying three good things that happened to you each day, or writing them down in a gratitude journal.

- **Use gratitude apps:** Some apps can help you track what you're grateful for and send reminders
- **Be honest with yourself:** Start where you are and be honest about how you're feeling.
- **Be kind to yourself:** Accept that everyone is doing their best and take a moment to remind yourself of these sentiments.
- **Find things to be grateful for:** Look for good things in your life and appreciate them. You can start with things you feel neutral about if gratitude feels too big of a leap.
- **Thank others:** Thanking someone shows that you appreciate them and understand their time is valuable.
- **Use visual reminders:** You can use post-it's with gratitude quotes, a wallpaper on your phone, or a print on your wall.



- JACKSON M.- TRUCK 628
- ERNEST W.- TRUCK 603
- TOM M.- TRUCK 564



Presented by the Members of



If you are in the Akron area, check out the Akron Children's Holiday Tree Festival! The event is free and is open November 16-24. Keep your eyes out for a tree decorated by some special people!

John S. Knight Center, 77 E. Mill St.,
Akron, OH 44308

